

# HOSPITAL REQUIREMENTS LISTING

## UWI HOSPITAL

### MOTHER

- 1 Blood Donor by first medical examination
- 2 Wash Rags
- 2 Packets Maternity Pads (one without adhesive taken in by Labour Ward)
- 3 Brassieres, two cup sizes larger than usual
- 1 Toilet Soap
- 1 Roll Toilet Paper
- 3 Bath Towels
- Nightgowns, 2 Dusters
- 2 Slippers (1 rubber – for bathing)
- 6 – 8 Panties
- 2 Dark Half Slips
- Toothbrush & Toothpaste
- 2 Safety Pins
- Deodorant
- Phone Card
- Comb & Brush

### BABY

- 1 small roll cotton wool (or cotton balls)
- 1 Baby soap/emulsifying ointment
- 4 – 6 changes baby's clothes
- 1 Barrier Cream – Vaseline, Zinc in Castor Oil
- 2 Packs disposable diapers or 12 cloth diapers
- 2 bath Towels
- 2 Baby Pins (optional)
- 3 Receivers/Blankets
- Rubbing Alcohol (70%)
- Socks and Cap
- 1 Bottle Olive Oil
- Crib Net (small)

**NB: Remember to take your Clinic Appointment card with you**

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